





Cosmopolis School Lunch Menu

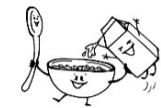
January 2019





	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Lunch Prices: Daily \$ 2.80 Reduced: Grades K-1-2-3 Free Preschool 40¢ Grades 4-5-6 40¢ Milk 35¢ Adult \$ 3.50		1	2 Hamburger Tator Tots Green Beans Pears Milk	3 Bean & Cheese Burritos Sour Cream/Salsa Peaches Carrots Milk	4 Pizza Spinach Salad Cantaloupe Milk
		No School			
Upcoming Events	7 Spaghetti w/meat sauce Corn Apple Sauce Garlic Toast Milk	8 Chicken Teriyaki Rice Cucumber Peaches Milk	9 Cheeseburger Carrots Baked Beans Pears Milk	10 Meatball Sub Broccoli Strawberry Cups Milk	11 Pizza Cucumber Orange Juice Milk
January 2 School Resumes January 4 Student Recognition Auditorium 2:00 p.m. January 8 PTSO, Lunchroom 6:00 January 11 Tempereance & Good Citizenship Day Sunglasses Day January 17 Martin L. King Assembly, Auditorium 2:00 January 18 Early Dismissal Staff Training 12:15 January 21 Martin L. King Jr. Day No School January 24 Board Meeting Staff Room 6:00	14 Chicken Nuggets Green Beans Pears Roll Milk	15 Beef Tacos Cheesy Refried Beans Pineapple Milk	16 Chicken Corndog Peaches Carrots Milk 	17 Turkey Sandwich Apple Slices Broccoli Milk	18 Pizza Garden Salad Honey Dew Milk <div style="text-align: right; color: red;">Early Dismissal 12:15</div>
	21 <div style="text-align: center; color: red;">Martin Luther King Jr. Day</div> <div style="text-align: center; color: red;">No School</div>	22 Breaded Chicken Mashed Potatoes Orange Slices Cucumbers Milk	23 Spaghetti w/meat sauce Cucumbers Pears Milk	24 Popcorn Chicken Baked Beans Green Beans Peaches Milk	25 Pizza Oranges Broccoli Milk
	28 Turkey Gravy Mashed Potatoes Corn Pears Rolls Milk	29 Cheese Breadstick Marinara Green Beans Peaches Milk	30 Chicken Teriyaki Rice Apple Sauce Carrots Milk	21 Chicken Burger Baked Beans Pineapple Broccoli Milk	
Lunches now meet USDA guidelines of no more than 30% calories from fat per week. **MENU SUBJECT TO CHANGE**					



Cosmopolis School Breakfast Menu



January 2019

Notes:	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Prices: Daily \$1.25 Reduced Free Adult \$1.50		1 Cereal Apple Sauce Pears Cheese Stick Milk	2 Bagel Cream Cheese Peaches Cantaloupe Milk	3 Pancakes Strawberry Cups Oranges Milk	4 Blueberry Muffins Oranges Apple Slices Oranges Milk 
Breakfast is served each morning at 8:00 - 8:15 a.m. Bus students will be served upon arrival. Students not eating school breakfast are not to arrive at school prior to 8:10 a.m.	7 Cereal Apple Sauce Cheese Sticks Pears Milk	8 Pancakes Syrup Peaches Mixed Fruit Milk	9 Chocolate Chip Muffin Oranges Apples Milk	10 Cereal Bananas Milk	11 Pumpkin Bread Cheese sticks Oranges Milk
	14 French Toast Sticks Apple Sauce Peaches Milk	15 Cereal Apples Milk 	16 Maple Pancake Turkey Corndog Pineapple Milk	17 Cereal Orange Juice Milk	18 Pancakes Stawberries Milk
	21 Pumpkin Bread Pears Milk	22 Cereal Apple Slices Cheese Stick Pineapple Milk	23 Breakfast Wraps Mixed Berries Milk	24 Fruit Pocket Cheese Stick Milk	25 Cereal Apple Sauce Milk
Lunches now meet USDA guidelines of no more than 30% calories from fat per week.	28 Cereal Pears Milk	29 Maple Pancake Turkey Corndog Pineapple Milk	30 Pumpkin Bread Cheese Stick Milk	31 Cereal Oranges Milk	

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